

SPORTS AT OUR LADY'S

ATHLETICS

Congratulations to all of our girls who took part in the East Munster girls Track and Field competition which was held in Templemore on Wednesday 1st of May. Molly Nevin won two individual medals on the day. She won the 200m and was placed 2nd in the shot putt. Keisha McCabe was placed second in the 100m. In the team relays the junior girls team, Katie Burke, Keisha McCabe, Jill Johnston and Niamh Egan finished second and also qualified for the Munster finals. Well done to you all.



Congratulations to our boys who qualified for the Munster athletics championships. Congrats to Liam Bergin who was third in the hammer, to our intermediate boys who came second with their team Jordan Collins, Kieran Shorley, David Quinn and Jimmy Mullens. We had a first and second in the 400m with Jack Ryan and David Quinn. Congrats to Marty Varadi who came first in the 400m, with Jordan Collins coming second in the 100m. While Jim O'Dwyer came second in the 200m minor boys.



U14 TIPPERARY LADIES FOOTBALL BLITZ

Our Lady's were delighted to have two teams entered in the U14 B Tipperary Ladies football blitz in Rockwell on Tuesday 14th May. Both teams played up to five games. The team captained by Jill Johnston went on to beat Presentation Clonmel in the final to regain the title of U14 B cup in the Ladies Football blitz. Well done to all the girls who took part.



RETIREMENTS

We would like to wish Ms Breda Maher and Ms Roisin Hackett happiness, good health and good luck in their retirement. Enjoy the freedom your hard work and dedication has earned.



GAISCE ADVENTURE JOURNEY

On Tuesday 14th May of April thirty six students from Our Lady's Templemore participated in the Gaisce Adventure Journey. This is an essential part of their activity in achieving their Bronze and Silver awards. The activities took place in Lilliput Adventure Centre, Mullingar.



GOLD GAISCE AWARD

Congratulations to Christina Brennan who received the Gold Gaisce Award from President Higgins in Dublin Castle on the 10th December 2018.

ACTIVE SCHOOLS WEEK

As part of active schools week in Our Lady's, we were delighted to welcome Michelle Finn on Tuesday 7th May. Michelle competed with Ireland in the 300m Steeplechase at the Olympics in Rio de Janeiro. She provided Fundamental Movement Skills workshops for our students as part of Active Schools Week.



MEDAL PRESENTATION

On Tuesday 21st Mr John Kiely, manager of the Senior Limerick Hurling team, presented winning medals to both The Fitzgerald cup team and Corn Uí Chatháin team.



Corn Uí Chatháin Team



Fitzgerald Cup Team

CLASS OF 2019

We wish the class of 2019 every success in the Leaving Certificate and in everything they do in the future.



Welcome from the Principal

I am delighted to introduce the summer edition of *Cumarsáid*. Following a very busy term students in first, second, and fifth year have commenced end of year examinations. Third year and sixth year students are attending tuition blocks where final preparations will be made for the State Examinations.

We continue to strive for excellence in all that we do at Our Lady's, and this was recognised by the inspectorate during a recent science inspection. The inspection report notes that "the learning environment was of an exceptionally high quality with relationships between teachers and students being affirming, constructive and grounded in mutual respect". The report also records that "the quality of teaching and learning was very good with assessment used in a highly effective manner to support students' learning". The full report will be published on the DES website during the summer.

Highlights from the extra-curricular programme this term include; the school tour to Paris, the Easter Programme in Shanghai University, Graduation Day for the Leaving Certificate Class of 2019, Junior & Senior Cycle Awards Ceremonies, the delivery of the Friends for Life programme in first year, and the Gaisce Adventure trip. The Transition Year group experienced tremendous success with their amazing production of the Playboy of the Western World and the launch of the Yearbook. Sporting success also continued in the Easter – summer term with a well-deserved victory in the Fitzgerald Cup for the senior hurling team, retention of the U14 Rockwell Blitz Cup for our footballers and excellent results for our athletes at the East Munsters. As another school year draws to a close, I take this opportunity to wish third year and sixth year students the very best of luck in the State Examinations. I extend my good wishes for a lovely summer holiday to students, staff, parents/guardians and members of the local community.

Beannacht Dé oraibh.

Patricia Higgins

Return to School Dates

21st & 22nd August – Staff Development

23rd August – First Years

26th August – 2nd, TY, & 5th Year

27th August – All students

PARIS TRIP

On Thursday 11th April, thirty four students accompanied by six teachers flew from Dublin and arrived at Beauvais airport, Paris. On their first morning in Paris they enjoyed a guided bus tour of the city, later they visited the Champs Elysées and the famous Arc de Triomphe. The next day an enjoyable day was had by all at Euro Disney.

On Saturday, students enjoyed a guided tour of Stade de France, afterwards they were treated to a panoramic view of Paris from Montparnasse Tower.

In the afternoon, they visited Notre Dame Cathedral and took a stroll around the historic Notre Dame area. On their final day students visited the Eiffel Tower, the very famous Montmartre area and Sacré Coeur. Well done to all students for their exemplary behaviour throughout the trip.



TY TRIP TO SHANGHAI

Over the Easter break, four lucky Transition Year

students from Our Lady's Secondary School, were given the opportunity to attend a ten-day long Easter Chinese Language Camp in Shanghai University in China. The students who were chosen to attend the camp were Shane Ryan, May Farmaz Moloughney, Paddy Ryan and Aoife Shelly. The group were accompanied by their teachers Ms. Yvonne Meade and Ms. Mary Byrne.

The Easter Camp programme ran from April 12th to April 26th and welcomed 108 students from across Ireland to sample Chinese culture. The programme was sponsored by Confucius Institute at UCC.

Students attended Chinese, Tai Ji and calligraphy lessons in the morning time. In the afternoon, excursions and trips were organised for the students to immerse themselves into the Chinese culture.

This was a once in a lifetime trip for these students and one that they will speak about for many years to come.



Senior Cycle Awards



Leaving Certificate Student of the Year 2018—Brian Gleeson



6th yr Student of the Year—Jessica Young



Junior Certificate Student of the Year 2018—Anna Ryan



5th year Subject Award recipients



5th yr Student of the Year—Jimmy Mullen



6th year Subject Award Recipients



Sr Helen Kennedy Award—Megan Delaney
Dr Jim O'Shea Award—Enda Ryan



Sr Catherine McAuley Award—Cara McMullen
Br Edmund Rice Award—Pat Carroll



Spirit of LCA Award—Stephen Maher



CEIST Award
Katie Giles



Music Award—Ben Collins



Sportspersons of the Year Awards
Gearóid O'Connor & Áine Delaney



International Award
Vittorio Guerrieri



Debating Award
Patricia Gleeson

JUNIOR CYCLE



JUNIOR AWARDS TRIPS

First year students went on the annual 'reward trip' on Tuesday 21st May and had a fabulous day out at Zipit Forest Adventure Centre in Cork.



TRANSITION YEAR IN OUR LADY'S

'PLAYBOY OF THE WESTERN WORLD'

Congratulations to the TY group of students who delivered two brilliant performances of 'The Playboy of the Western World' on the 8th May.

A huge thank you to Ms Martina Butler, Ms Norma Galvin and Ms Tara Talbot for a fantastic production. It is great to see stage drama alive and kicking in Our Lady's.



TY TRIP TO SPIKE ISLAND

On Thursday 9th May, TY students travelled to Cobh, Co Cork, where they visited Spike Island and the Titanic Museum. The sun shone and students were pleasantly surprised by how interesting the historical trip was! They visited the prison and treaty port where they got a chance to walk around and explore the old prisons.



YEARBOOK

Congratulations to the Transition Year Yearbook Committee and Ms Tara Talbot on their production of our school Yearbook.



Yearbook Committee: Rachael Burke, Grace Kennedy, Jean Rush, Aoife Shanahan, Caelainn Luby, Rebecca Iannelli, Chloe Whelan, Emma Fitzpatrick, Rachel Leonard, Aoife Shelly

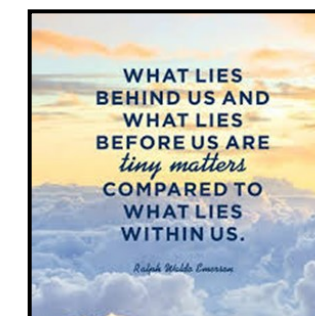
FRIENDS FOR LIFE



First year students have completed the 'Friends for Life' programme during the last term. This is a school-based positive mental health programme which helps students to develop effective strategies to deal with worry and stress. It also teaches the skills required to reduce anxiety and promote resilience.

F.R.I.E.N.D.S!

F - Feelings
I can recognise when I'm feeling worried or anxious
R - Relax
I can relax by practising my breathing exercises
I - I can do it
I can think of more helpful thoughts -
E - Explore solutions
I can use my coping step plan to come up with a solution.
N - Now reward yourself
I can reward myself for each step I climb
D - Do it everyday
I can use these skills to feel confident and brave and to manage challenges
S - Smile
Smile, stay calm and talk to your support network!



MICROSOFT OFFICE EXAMS

TY students Ciara Dunne and Luke Heaney represented Our Lady's at the MOS Ireland Championships at Microsoft HQ in Leopardstown, Dublin. Ciara and Luke attended various workshops throughout the day as well as experiencing DreamSpace, a coding session that encourages students' critical thinking and problem solving. The day gave a great insight into working in a company such as Microsoft and was inspiring to students wishing to pursue a career in STEM. A fantastic experience!



TRANSITION YEAR - CHINESE

Our Lady's is enough to have worked with the Confucius Institute in UCC and their Chinese studies programme. Our TY students have learned all about the great wall of China, the history of ancient tea making, tai chi, Chinese food and medicine plus lots more. We would sincerely like to thank our Chinese teacher Charles for giving us a fantastic insight into Chinese culture. Until next year! Xie Xie!

